

HOT TO SHOP LINGERIE

Cool crop tops, next-gen bras and the ultimate shape enhancers. Let the pros help you undress to impress



GET ON TREND

MARIA WILLIAMS, SWIMWEAR AND LINGERIE BUYER AT NET-A-PORTER

Function and fashion don't have to be mutually exclusive. With Maria's guide to SS14's biggest trends, it's easy to have underwear as cool as your outerwear.

- 'Sportswear is making a comeback. Calvin Klein has reissued its Nineties favourite, the crop top. And La Perla has the perfect racer-back bra sorted.'

- 'Channel the metallic trend, seen on the catwalks, with your underwear. I love Stella McCartney's shiny sets.'

- 'The only way to wear the season's sheer pieces is with a statement bra underneath. Try something pretty for a stand-out look.'



Bra, £45, and briefs, £29, Huit

FEELING BRAVE?
GO FOR A BOLD SET



SPORTY ISN'T JUST
FOR THE GYM



Bra, £28, and briefs, £18, Calvin Klein at Net-a-porter.com



Bra, £55.50, and briefs, £23, Hanro

A METALLIC MUST-HAVE



MARIA'S TIP

'Sporty styles are hot right now, but for exercise you need a dedicated sports bra. A cup-sized style gives the best fit.'



ANGIE'S TIP

'A strapless bra should feel really firm on the underband and have exactly the right size cups. Wacoal is my go-to brand.'

Bra, £30, and briefs, £16, Boux Avenue

BASICS DON'T HAVE TO BE BORING

BIG PANTS, A LA BRIDGET, ARE BACK

Bra, £66, and briefs, £34, Simone Perele

Corset, £89, Spanx

WEAR A WASPIE

RED-CARPET RULES

ANGIE SMITH, CELEBRITY STYLIST
Her clients include Laura Whitmore and Daisy Lowe. Here are Angie's secrets to getting occasion dressing right...

- 'I love a "waspie", a corset-style piece that cinches in the waist and creates the perfect hourglass shape.'
- 'Use control pants or high-waisted knickers to create a smooth finish.'
- 'Double-sided sticky dots work better than tape for preventing unwanted flashing. Get yours from Hollywood Fashion Secrets.'

GO SAUCY IN SUSPENDERS



INVEST IN A DESIGNER SET

Bra, £75, and briefs, £65, Agent Provocateur



TRY SOME SECRET SUPPORT

Bra, £75, and briefs, £55, Helena Christensen for Triumph



THE PERFECT FIT

MONICA HARRINGTON, TRIUMPH PRODUCT EXPERT

Monica's rules on getting the best fit are based on her 22 years in the business:

- 'For 2014 we are working with oil for lighter padding. If you have a smaller cup, go for a triangle shape with secret underwire.'
- 'The back of your bra should be in line with the front and fastened on the loosest hook for the ideal fit.'
- 'Never go up a size on a suspender belt: keep it snug around your waist or you'll flash too much stocking top.'

MONICA'S TIP

'Handwashing protects delicate underwires. If you must use a machine, close the hooks and put the bra in a laundry bag.'



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